



The Great Canadian Mustard Festival

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CELEBRATE SASKATCHEWAN MUSTARD

Chefs, sponsors and patrons are gearing up for the 2009 '*Great Canadian Mustard Festival*', which take places from July 24 to 26.

This three-day celebration of Saskatchewan's premiere spice crop will feature city-wide testing menus at participating restaurants in Regina from July 24 to 26, a 'Chef's Ball' on July 25 and a Mustard Gala on July 26.

Canadian mustard is coveted internationally, with Saskatchewan mustard growers accounting for the largest market share of exported mustard.

"The '*Great Canadian Mustard Festival*' presents a wonderful opportunity to celebrate the versatility of this internationally famous little seed right here in our province's capital," according to Festival Chair Moe Mathieu.

Participating chefs from The Abbey, Cathedral Freehouse, Willow on Wascana, Beer Brothers, Casino Regina, Crave, The Crushed Grape and Zest will create their own original three-course testing menus using mustard in appetizers, entrées and desserts.

"These are the participating restaurants as of June 15, so we expect more will join the celebrations. For \$40, this three-course meal is a great outing for the family and a wonderful way to learn about the many ways mustard can be used," Mathieu added.

The Chef's Ball will be held at the Crave Kitchen and Wine Bar commencing at 8 p.m. on July 25, with tickets at \$25. (If you have anything that resembles a chef's jacket, wear it!) The Mustard Gala on July 26 takes places at the Willow on Wascana, and features the Chef's Challenge at which the 'People's Choice' award will be presented. The Chef's Challenge will be judged by professional judges and a celebrity judge, while the People's Choice Award will be chosen from the Mustard Barbeque creations. The Gala also includes 'Hot Dog Heaven' for children, a "Fun Garden" for adults, as well as a Mustard Store.

Call the Willows for more information at 585-FOOD (3663)